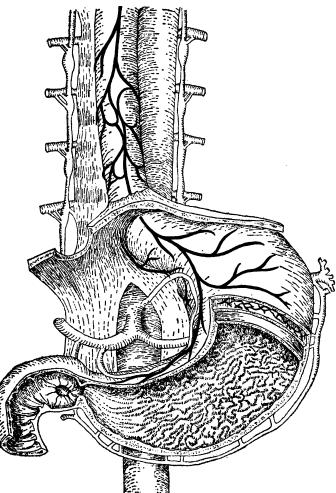
# more durable control of peptic ulcer



Each capsule contains

5 mg chlordiazepoxide HCl and 2.5 mg clidinium Br.



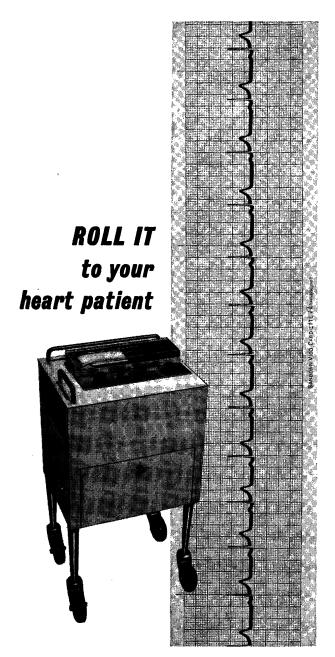
The diagnosis of a "psycho-visceral" disease—of which peptic ulcer is the classic example—clearly indicates the scope of treatment required for its effective, durable control. The aggravating emotional components as well as the physical factors must be corrected.

Librax provides this integrated therapeutic approach, offering durable control that is conducive to ulcer healing. With Librax, the anxiety and tension characteristic of the ulcer personality are reduced, and at the same time hypersecretion and hypermotility of the gastrointestinal tract are suppressed. Thus, the self-perpetuating cycle of emotional stress/pain or ulceration/emotional stress is interrupted—and with Librax this relief of psycho-visceral symptoms can be prolonged because of minimal side effects.

Usual adult dosage: 1-2 capsules 4 times daily, before meals and at bedtime. 

Side effects: Drowsiness, sedation and muscle weakness, generally dose-related, have been occasionally encountered, usually in debilitated or geriatric patients. Dryness of the mouth, blurring of vision, urinary hesitancy and constipation may occur. When Librium (chlordiazepoxide HCI) has been used alone, paradoxical reactions, i.e., excitement, stimulation, elevation of affect and acute rage, have been reported in psychiatric patients; these may be secondary to relief of anxiety and may occur in the early stages of therapy, Other side effects with Librium (chlordiazepoxide HCI), usually dose-related, have included isolated instances of minor skin rashes. minor menstrual irregularities, nausea, constipation, increased and decreased libido. | Precautions: Contraindicated in glaucoma. In eld-erly and debilitated patients, limit dosage to smallest effective amount to avoid ataxia or oversedation (not more than 2 Librax capsules daily, initially, increased gradually as needed and tolerated). In patients with prostatic hyper-trophy the possibility of urinary retention should be kept in mind. Until maintenance dosage is established, patients should be advised against possibly hazardous procedures requiring com-plete mental alertness, acute vision and physical coordination. Careful consideration should be given to the pharmacology of any agents to be employed with Librax—particularly the MAO Inhibitors and phenothiazines. Observe precautions in impaired renal or hepatic function. How supplied: Each capsule contains 5 mg chlordiazepoxide HCI (contained in Libriume) and 2.5 mg clidinium Br (contained in Quarzane). Bottles of 50 and 500.





This modern, mobile ECG is literally a "heart station on wheels" — providing a comprehensive 2-speed, 3-sensitivity 'cardiograph with all needed accessories in a rugged, handsome, roll-around cabinet. Proper balance, easily-grasped handles and large ball-bearing casters make it easy to guide through doorways and around beds and other furniture.

'Cardiograms may be run on the 100M "Mobile Viso" at 25 or 50 mm sec. and at 1/2, 1 or 2 times normal sensitivity; stylus is automatically stabilized as lead selector knob is turned; grounding (polarity reversing) is done by pushbutton. Recordings are clean, well-defined and permanent on 5 cm wide Sanborn Permapaper® charts, with 51/2" visible at all times in viewing window at top. And all operators will appreciate the convenience of the automatically retracting power cord and electrodes, Redux® paste, cables, extra paper and other accessories right at hand in cabinet compartment. The Mobile Viso may be ordered with either a mahogany or scratch-and-stain-resistant plastic laminate cabinet.

Your nearby Sanborn man will be glad to supply full details — and describe the Sanborn 15-day No Obligation Trial Plan. Sales and service in 46 cities throughout the U. S.





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# Only Fleischmann's offers these four benefits in a "special" margarine

#### Both Fleischmann's Margarines offer:

- 1. Exceptionally high ratio of polyunsaturated to saturated fat that more than meets American Heart Association's suggested level. Made from 100% corn oil with almost one cup of liquid corn oil in every pound.
- 2. Extraordinarily delicious taste . . . so outstanding it's made Fleischmann's the country's largest selling corn oil margarines.
- 3. Lightly Salted and Unsalted . . . yes, Fleischmann's comes both ways. And both Fleischmann's Margarines are made from 100% corn oil.
- 4. National availability... Fleischmann's Margarines are in practically every store and supermarket nationwide... at a price your patients can easily afford. This availability is in contrast to many margarines which are limited to certain cities or areas.

Because only Fleischmann's Margarines, Lightly Salted and Unsalted, offer all four benefits in a "special" margarine, they're by far the most practical choice for your high cholesterol and low-sodium patients. Fleischmann's combines the delicious flavor your patients and their families will love with the highest polyunsaturates to saturates ratio of any leading margarine. This makes it much easier to keep patients on a therapeutic diet.



Fleischmann's A.H.A.

P/S ratio; recommended

1.7 to 1 P/S ratio: 1 to 1

Exceeds A.H.A. Recommendation—Fleischmann's polyunsaturated to saturated fat ratio of 1.7to1(Polyunsaturated—27.5%; Saturated—16.5%) exceeds that suggested as acceptable (1 to 1) by the A.H.A. It's also higher than the other "corn oil" marga-

rine which is really a mixture of hardened cottonseed and soybean oils with corn oil. Yes, Fleischmann's has the highest P/S ratio because both brands contain 50% liquid corn oil (a high level) and 50% partially hydrogenated corn oil (for flavor and "spreadability").



In line with A.M.A. Report— Using Fleischmann's Lightly Salted Margarine instead of butter or regular margarines increases your patients' intake of polyunsaturates...while lowering their intake of saturated fat. This is in line with the suggestions of the A.M.A. Report on Dietary Fat Regulation in managing atherosclerosis.\*



Fleischmann's Unsalted Margarine—Also made from 100% corn oil, Fleischmann's Unsalted Margarine is dietetically sodium-free—ideal for the patient who needs sodium restriction. The fat content has the

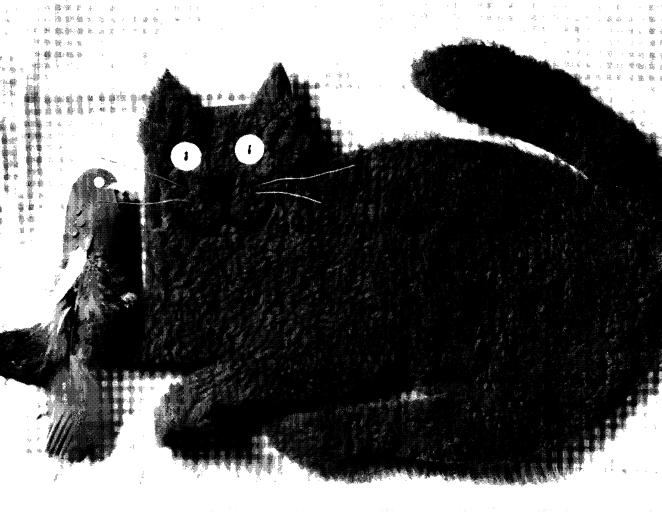
same high linoleic acid value (27.5%) as Fleischmann's Lightly Salted Margarine. And because it contains no salt—or preservative of any kind—Fleischmann's Unsalted Margarine is kept in the grocer's frozen food case.



Fleischmann's Lightly Salted Margarine—Outstandingly delicious... Fleischmann's is exceptionally high in polyunsaturates and low in saturated fat. Both Fleischmann's Margarines contain liquid corn oil and are made from 100% corn oil.

\*"The Regulation of Dietary Fat," Council on Foods and Nutrition of the American Medical Association. J. A. M. A., Vol. 181, No. 5 (August 4, 1962).

The Bulletin of The New York Academy of Medicine, Vol. 39, No. 6, June, 1963. Published Monthly by The New York Academy of Medicine, 2 East 103 Street, New York 29, N. Y. Entered as second-class matter February 3, 1928, at the Post Office at New York, N. Y., under the act of August 24, 1912. Postage paid at New York, N. Y. Annual subscription United States and Canada \$8.00. All other countries \$9.00. Single copies 90c.



# whatever the shape or form of allergy Benadry (Diphenhydramine hydrochloride) effectively relieves the symptoms of vasomotor rhinitis

For patients sensitive to animal danders, this agent provides twofold therapeutic action to help abort an allergic attack. Antihistaminic action: A potent antihistaminic, it breaks the cycle of allergic response, bringing relief of sneezing, lacrimation, nasal blockage, and rhinorrhea. Antispasmodic action: Because of its inherent atropine-like properties, the drug affords concurrent relief of bronchial spasm. Indications: Allergic diseases such as hay fever, allergic rhinitis, urticaria, angioedema, bronchial asthma, serum sickness, atopic dermatitis, contact dermatitis, gastrointestinal allergy, vasomotor rhinitis, pruritus, physical allergies, reactions to injection of contrast media, reactions to therapeutic preparations, and allergic transfusion reactions; also postoperative nausea and vomiting, nausea of pregnancy, motion sickness, parkinsonism and drug-induced extrapyramidal reactions, and quieting emotionally disturbed children. Parenteral administration is indicated where, in the judgment of the physician, prompt action is necessary and oral therapy would be inadequate. Precautions: Avoid subcutaneous or perivascular injection. Single parenteral dosage greater than 100 mg. should be avoided, particularly in hypertension and cardiac disease. Persons who have become drowsy on this or other antihistamine-containing drugs, or whose tolerance is not known, should not drive vehicles or engage in other activities requiring keen response while using this product. Hypnotics, sedatives, or tranquilizers, if used with this product, should be prescribed with caution because of possible additive effect. Diphenhydramine hydrochloride has an atropinelike action which should be considered when prescribing it. Cream (Ointment) should not be applied to extensively denuded or weeping skin areas. Supplied: Kapseals® of 50 mg.; Capsules of 25 mg.; Emplets® (enteric-coated tablets) of 50 mg.; in aqueous solutions: 1-cc. Ampoules, 50 mg. per cc.; 10- and 30-cc. Steri-Vials,® 10 mg. per cc. with 1:10,000 benzethonium chloride as a germicidal agent; Elixir, 10 mg. per 4 cc. with 14 per cent alcohol; 2 per cent Ointment (water-miscible base).



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Bottles of 10 cc. with sterile	dropper.

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#### ANTIBIOTIC OPHTHALMIC OINTMENT

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Neomycin Sulfate	
(Equivalent to 3.5 mg. Neomycin B	ase)
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Slight drowsiness may occur with meprobamate and, rarely, allergic reactions. Meprobamate may increase effects of excessive alcohol. Use with care in patients with suicidal tendencies. Massive overdosage may produce coma, shock, vasomotor and respiratory collapse. Consider possibility of dependence, particularly in patients with history of drug or

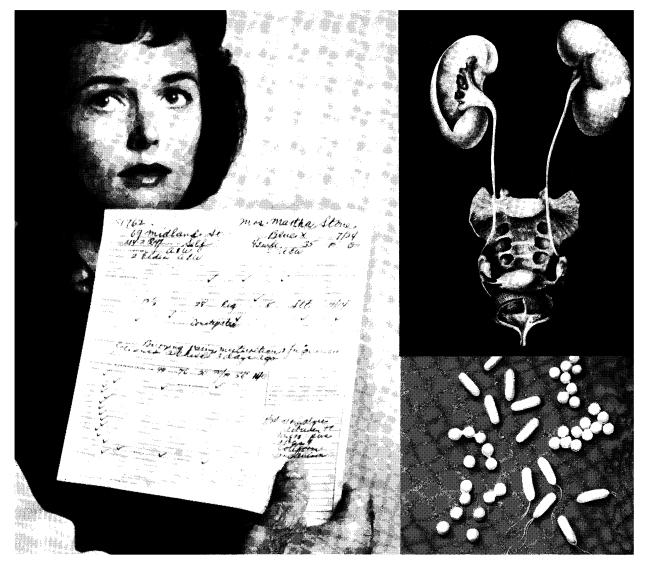
alcohol addiction. Withdraw gradually after prolonged use at high dosage.

**Usual dosage:** 1 or 2 400 mg. tablets t.i.d. **Supplied:** 400 mg. scored tablets, 200 mg. sugar-coated tablets; bottles of 50.

# the original meprobamate Miltown



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# all things considered

in eystitis, having weighed the classical considerations basic to management, physicians often choose DECLOMYCIN demethylchlortetracycline HCl for broad-spectrum antibiotic therapy. DECLOMYCIN demethylchlortetracycline HCl produces activity levels higher than do other tetracyclines...at lower dosage...and maintains them without significant fluctuation.

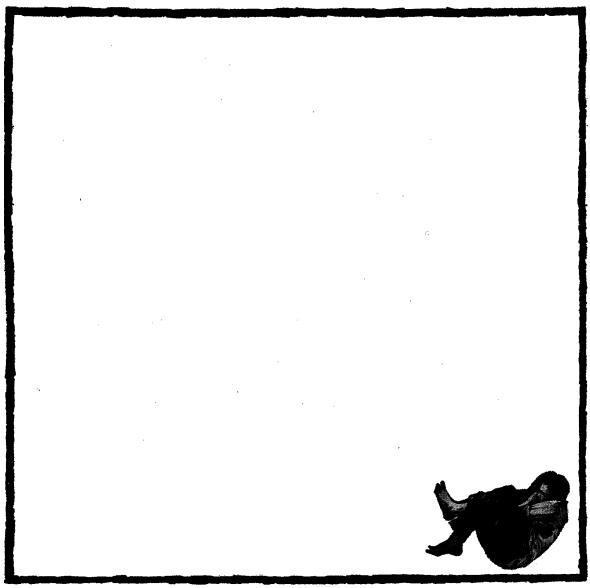
Activity is prolonged 24 to 48 hours after the last dose, thus helps protect against relapse—an "extra dimension" in broad-spectrum control.

Effective in a wide range of everyday infections—respiratory, urinary tract and others—in the young and aged—the acutely or chronically ill—when the offending organisms are tetracycline-sensitive. Side Effects typical of tetracyclines which may occur: glossitis, stomatitis, proctitis, nausea, diarrhea, vaginitis, dermatitis, overgrowth of nonsusceptible organisms. Also: photodynamic reaction (making avoidance of direct sunlight advisable) and, very rarely, anaphylactoid reaction. Contraindications: none. Capsules, 150 mg. and 75 mg. of demethylchlor-tetracycline HCl. Average Adult Daily Dosage: 150 mg. q.i.d. or 300 mg. b.i.d.

the decision is for

# DECLOS CONTROL DEMETHYLCHLORTETRACYCLINE HCI





How NALLINE helps to keep the lid on drug addiction in California

The use of the narcotic antagonist Nalline, as a test of addiction, has significantly curtailed illicit narcotic traffic in Alameda County, California. In penal terms alone, three years after the institution of the test using Nalline, prison admissions for addiction had dropped from 13.7% of total admissions to 4.4%.

The test was given to persons suspected of addiction and to addicts as a condition of probation or parole.

NALLINE does not cure addiction. It can, however, help addicts psychologically, because they know NALLINE detects relapse and that relapse leads to a return to prison or hospital. Definitive answers to the epidemiology of addiction—in itself a symptom of an underlying disease that may be psychologic, physiologic, or pharmacologic in nature—are, as yet, unknown.<sup>2,3</sup>

The test should be undertaken only by physicians experienced in dealing with narcotic addicts.

**Brief Summary: Indications:** To reverse significant respiratory depression due to opiates. Diagnostic—to test for opiate narcotic addiction.

Side Effects, Precautions, and Contraindications: Do not use in mild or non-opiate

respiratory depression. Use with extreme caution and in small doses in narcotic addicts and in non-addicted patients receiving opiate narcotics due to risk of violent withdrawal symptoms. Effect gradually lost on successive doses which may result in respiratory depression. Untoward reactions include dysphoria, miosis, pseudoptosis, lethargy, drowsiness, sweating, pallor, nausea, psychotomimetic manifestations. Before prescribing or administering, read product circular with package or available on request.

Note: NALLINE will not precipitate abstinence symptoms in meperidine addicts unless they are taking  $1,600\,$  mg. or more daily. The ability of NALLINE to detect addiction to codeline is unknown.

1. Brown, T. T.: The Enigma of Drug Addiction, Springfield, III., Charles C Thomas, 1961, pp. 287-334. 2. Chesnick, R. D.: Med. Times 90:247 (March) 1962. 3. Narcotic Addiction Symposium: New York Med. 18:562 (August 20) 1962. Supplied: Ampuls of 1 and 2 cc. and vials of 10 cc., each cc. containing 5 mg. of nalorphine hydrochloride.

Note: The Federal Bureau of Narcotics now classifies NALLINE as a Class M. narcotic preparation. Thus, the purchase of this preparation no longer requires a Federal Narcotic Order Form.

NALLINE is a trademark of Merck & Co., Inc. MERCK SHARP & DOHME

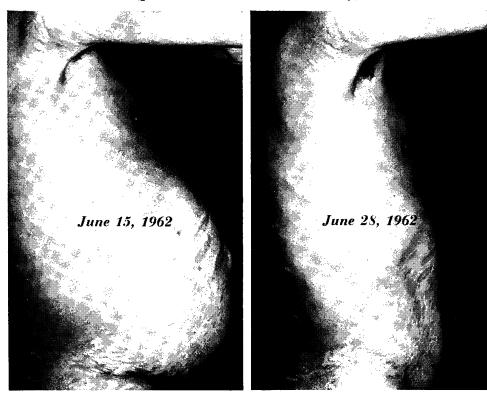
Division of Merck & Co., Inc., West Point, Pa.



### **NEPHROTIC SYNDROME**

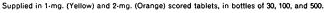
# a classic example of the effectiveness of $\frac{\text{HALDRONE}^{\text{\$}}}{\text{HALDRONE}}$

(paramethasone acetate, Lilly)



Patient was admitted with nephrotic syndrome, evidenced by ascites, peripheral edema, proteinuria, hypoproteinemia, and hypercholesteremia. Treatment with Haldrone, 4 mg. every six hours, was begun on May 28, 1962, and seven days later the dosage was increased to 6 mg. every six hours. A brisk diuresis occurred on June 17. The amount of Haldrone was then reduced to 2 mg. every six hours. On June 27, the patient reached a dry weight of ninety-seven pounds (a forty-six-pound loss since the beginning of treatment), and he was discharged as satisfactory on July 4, 1962. He has since been maintained in remission on 2 mg. Haldrone t.i.d.

In summary: Haldrone is a corticosteroid useful in collagen diseases, allergic diseases, certain dermatological disorders, certain hematological diseases, and other steroid-responsive conditions. Side-effects reported have included rounding of the face, ecchymosis, insomnia, weight gain, hypertrichosis, thinning of the skin, peptic ulcer, occurrence of infections, and increased appetite. This steroid should not be used in patients with active or suspected tuberculosis, active peptic ulcer, psychosis, or herpes simplex of the eye. Dosage should be based carefully on such factors as the severity, prognosis, and duration of a given illness.



Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.



#### **PUBLISHED SYMPOSIA**

#### SECTION ON MICROBIOLOGY

#### The New York Academy of Medicine

Symposium No. 1 Diagnosis of Viral and Rickettsial Infections Frank L. Horsfall, Jr., Editor [1949]	\$3.75
Symposium No. 2  Evaluation of Chemotherapeutic Agents  Colin M. MacLeod, Editor [1950]	\$4.00
Symposium No. 3 The Pathogenesis and Pathology of Viral Diseases John G. Kidd, Editor [1950]	\$5.00
Symposia Nos. 4 and 5	Out of Print
Symposium No. 6 \$5.00 The Effect of ACTH and Cortisone upon Infection and Resistance Gregory Shwartzman, Editor [1953]	
Symposium No. 7 Streptococcal Infections Maclyn McCarty, Editor [1954]	\$5.00
Symposium No. 8  Cellular Metabolism and Infections  Efraim Racker, Editor [1954]	\$4.80
Symposium No. 9  Cellular and Humoral Aspects of the Hypersensitive St  H. Sherwood Lawrence, Editor [1959]	\$18.00 rates
Symposium No. 10  Viral Infections in Infancy and Childhood  Harry M. Rose, Editor [1960]	\$8.00
Symposium No. 11 Fungi and Fungus Diseases [1961] Gilbert Dalldorf, Editor	\$12.00

Symposia Nos. 1-7 incl.—Published by Columbia University Press

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This Scholarship was established by the donor to provide aid for advanced study abroad in a clinical subject in preparation for the practice of medicine or surgery in any of their branches.

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Candidates may secure application forms by addressing:

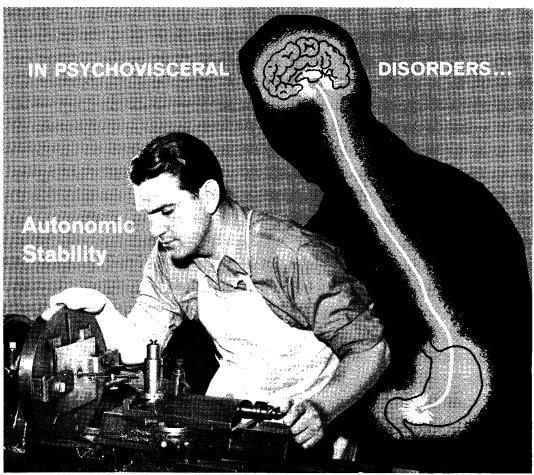
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- Eases Tension
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Pro-Banthīne with Dartal combines two active agents to restore both psychic and visceral stability in psychovisceral dysfunctions.

Pro-Banthīne (propantheline bromide), the most definitely established anticholinergic drug, suppresses excess acidity and spasm in the stomach and intestines. Dartal (thiopropazate dihydrochloride), a welltolerated tranquilizer, relieves anxiety and moderates tension.

In combination, Pro-Banthīne with Dartal provides effective relief from the autonomic disturbance in gastritis, pylorospasm, peptic ulcer, irritable colon and other gastrointestinal dysfunctions, especially when aggravated by frank emotional stress.

Dosage. - One tablet three times a day.
Urinary hesitancy, xerostomia, mydriasis

Urinary hesitancy, xerostomia, mydriasis and, theoretically, a curare-like action may occur with Pro-Banthīne (propantheline bromide) and it is contraindicated in the presence of glaucoma or severe cardiac disease.

With Dartal (thiopropazate dihydrochloride) extrapyramidal and parasympatholytic symptoms have been reported and, rarely, leukopenia, erythematous skin reaction and allergic purpura. Do not administer to patients under the influence of alcohol, barbiturates or narcotics and use cautiously with sedatives, in epileptic or depressed patients or in those with liver damage. Reactions typical of phenothiazines may occur.

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#### INTERNATIONAL PUBLICATIONS

With the travel season upon us, we take this opportunity to remind Fellows that the Academy Library is eager to acquire the publications of all international congresses, their programs, bulletins, proceedings and reports. Since these are often hard to obtain, it would help a great deal if Fellows attending such congresses would turn over to the Library any papers they do not wish to keep. These contributions would be greatly appreciated.

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In the treatment of acne vulgaris and such gastro-intestinal disorders as simple chronic constipation and simple diarrhea, patient resistance to ingestion of Acidophilus may be controlled if flavor is improved by stirring 1 to 2 teaspoons of Jell-O powder into each glass of Acidophilus Milk before serving. Most popular flavors are raspberry, cherry, orange-pineapple, blackberry, and strawberry. For patients on low-calorie diets, substitute D-Zerta for Jell-O. Add a few drops of Sweeta or Sweet-10 to the flavored Acidophilus for a sweeter drink.

#### WALKER-GORDON ACIDOPHILUS

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In Sprains, Strains and Muscle Spasm, 'Soma' Compound

# numbs the pain...not the patient

#### A potent analgesic and a superior muscle relaxant

- 1. A sprain or fracture is not a big clinical problem-but it does hurt. And if there is housework to do and kids to mind, the patient needs something to numb the pain.
- 2. A.P.C. compounds have limited usefulness; and the patient can buy them without your prescription. Unfortunately, most of them are too mild to be effective for sprains—and more potent products too often make the patient feel 'dopey'.
- 3. 'Soma' Compound is ideal in these cases. Since it contains both 'Soma' (carisoprodol) and acetophenetidin it is both a potent analgesic and a superior muscle relaxant; it also contains caffeine to offset any drowsiness ("numbs the pain...not the patient").

- 4. Why not try 'Soma' Compound? Dosage is 1 or 2 tablets q.i.d. For more severe pain, try 'Soma' Compound+Codeine. Dosage: 1 or 2 tablets q.i.d.
- 5. Hypersensitivity to carisoprodol may occur rarely. Codeine may produce addiction, nausea, vomiting, constipation or miosis.

### Soma Compound



carisoprodol 200 mg., acetophenetidin 160 mg., caffeine 32 mg.

### Soma Compound + Codeine

carisoprodol 200 mg., acetophenetidin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning-may be habit forming.)

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#### FAMOUS CLASSICS

#### IN THE

#### HISTORY OF MEDICINE

The Library Publication Committee of the Academy has ventured into the paperback field when it added six volumes to its *History of Medicine Series* in May 1962. The Hafner Publishing Co., which brought forth the handsome three-volume edition of Morgagni (No. 13 in the series), has produced at moderate prices the contributions listed below. The Committee takes pleasure in making these classic texts available to the student, historian and general reader.

#### HISTORY OF MEDICINE SERIES

No.

- 14. PINEL, PHILIPPE. A Treatise on Insanity, in which are contained the principles of a new and more practical nosology of maniacal disorders . . . Transl. by D. D. Davis, M.D. Sheffield: W. Todd, 1806. With an introduction by Dr. Paul F. Cranefield. \$2.75
- RUSH, BENJAMIN. Medical Inquiries and Observations upon the Diseases of the Mind. Philadelphia: Kimber & Richardson, 1812.
   With an introduction by Dr. S. Bernard Wortis.

  \$2.75
- CORVISART, JEAN NICOLAS. An Essay on the Organic Diseases and Lesions of the Heart and Great Vessels... Boston: Bradford & Read, 1812. With an introduction by Dr. Dickinson W. Richards. \$2.75
- 17. LAENNEC, RENÉ THÉOPHILE HYACINTHE. A treatise on the Diseases of the Chest, in which they are described according to their Anatomical characters, and their Diagnosis established on a new principle by means of Acoustic Instruments. With 8 plates . . . London: Underwood, 1821. With an introduction by Dr. Paul Klemperer.

\$3.00

- 18. HEBERDEN, WILLIAM. Commentaries on the History and Cure of Diseases. London: T. Payne, 1802. With an introduction by Dr. Paul Klemperer. \$3.00
- 19. CHARCOT, JEAN MARTIN. Lectures on the Diseases of the Nervous System. Delivered at La Salpêtrière. 2. ser. London: New Sydenham Society, 1881. Introduction by Dr. Walther Riese. \$3.75

# Three of these women have vaginitis (trichomonal, monilial or mixed). Only <u>comprehensive</u> therapy can reach all three.

For every 2 cases of vaginitis caused by Trichomonas vaginalis alone, there is usually 1 case caused by Candida (Monilia) albicans, Hemophilus vaginalis, or mixed infection involving several pathogens. You can reach all of these vaginitis patients with the comprehensive vaginal preparation effective against C. albicans and H. vaginalis, in addition to T. vaginalis. Tricofuron (furazolidone and nifuroxime) swiftly relieves itching, burning, leukorrhea and malodor...achieves a high percentage of clinical and cultural cures, frequently in one menstrual cycle... is safe topical therapy, nonirritating to delicate, inflamed mucosa.

SIDE EFFECTS: Local sensitization (irritation, burning, pruritus or erythema) may occur occasionally.

Simple one-route, two-step treatment: (1) TRICOFURON (furazolidone and nifuroxime) powder (for office use) contains furazolidone 0.1% and nifuroxime 0.5%, in an acidic water-dispersible base, 15 Gm. plastic squeeze bottle with 5 disposable applicator tips. (2) TRICOFURON (furazolidone and nifuroxime) suppositories (for continued treatment at home) contain nifuroxime 0.375% (7.5 mg.) and furazolidone 0.25% (5 mg.) in a water-miscible base. Boxes of 12 and 24 with applicator.

1. Coolidge, C. W.; Glisson, C. S., Jr., and Smith, A. A.: J.M.A. Georgia 48:167 (Apr.) 1959. 2. Ensey, J. E.: Am. J. Obst. & Gynec. 77:155 (Jan.) 1959. 3. Frech, H. C. and Lanier, L. R., Jr.: J.M.A. Georgia 47:498 (Oct.) 1958.

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